

Legal & Privacy Notice

Privacy & Confidentiality

Your privacy is important.

This website is designed to provide general information about my practice and services. Contacting me through this website does not establish a therapist–client relationship. A therapeutic relationship is established only after an initial session has occurred and informed consent documents have been reviewed and signed.

Information shared during therapy is confidential and protected by law, subject to standard legal and ethical exceptions, which are reviewed in detail during the informed consent process.

Website Privacy

This website may collect limited personal information when you voluntarily submit it, such as your name, email address, or phone number through a contact form or scheduling platform.

This information is used solely to:

- Respond to inquiries
- Schedule services
- Communicate regarding therapy or consultation

Your information is **not sold, shared, or distributed** to third parties for marketing purposes.

Email & Electronic Communication

Email and electronic communication are provided for convenience and administrative purposes only. While reasonable safeguards are used, electronic communication cannot be guaranteed to be fully secure.

Please do not include sensitive clinical information in email or contact forms. Confidential clinical matters are best discussed during scheduled sessions.

Telehealth Services

All services are provided via secure telehealth platforms. Clients must be physically located in **California or Utah** at the time of sessions, in accordance with licensing laws.

Specific telehealth consent and privacy practices are reviewed as part of the intake process.

No Emergency Services

This practice does **not** provide emergency or crisis services.

If you are experiencing an emergency or are in immediate danger, please call **911**, go to the nearest emergency room, or contact a local crisis line. This website and its contact forms are not monitored for urgent or emergency situations.

Professional Information

Services are provided by a **Licensed Marriage and Family Therapist (LMFT)** licensed in **California and Utah**. License numbers and additional professional disclosures are available upon request or provided during the intake process.

Website Content Disclaimer

The information on this website is intended for general informational purposes only and should not be considered medical, psychological, or legal advice. Content on this site does not replace professional mental health care or establish a therapeutic relationship.

External Links

This website may include links to third-party websites for convenience or informational purposes. I am not responsible for the content or privacy practices of external sites.

Changes to This Notice

This Legal & Privacy Notice may be updated periodically. Continued use of this website indicates acceptance of the current version.

Contact

If you have questions about this notice or privacy practices, you may contact me through the information provided on this website.

